

COVID-19 Resource List

Draft 04.01.20

Information & Referral:

Vermont 211 is a comprehensive information and referral service. People can search their database at www.vermont211.org or:

- dial 2-1-1 – a local call from anywhere in Vermont
- 1-866-652-4636 – toll free in Vermont
- (802) 652-4636 – from outside of Vermont
- Text your zip code to 898211

The Vermont 2-1-1 contact center is available 24/7

Texting is only available Monday through Friday from 8am - 8pm.

Some frequently used resources might be:

Food Access:

Many of these programs may have income eligibility guidelines and they may differ depending on program. Because of the current situation with the coronavirus, food shelf and meal site operations are changing regularly. **It's advisable to call first to ensure they are still open.** For more information about food resources in Vermont, you can visit the Vermont Food Bank website at <https://www.vtfoodbank.org/>

Resource	Rochester Federated Church <i>Food Shelf</i>
Location	Rochester Federated Church 15 North Main Street Rochester, VT
Contact	Ruth McLoughlin 802-767-3030
Serves	Rochester, Hancock, Granville
Schedule	Last Saturday of the Month 9:00 am – 10:00 am or by appointment

Resource	Rochester Elementary School <i>Meal Program</i>
Location	Rochester Elementary School
Contact	Erica Harrington 802-767-4632 / eharrington@wrvsu.org If you want to sign up for meals, call the office and leave a message w/ the # of children and if there are any food allergies along w/ a call-back #
Serves	Breakfast & lunch for youth 0-18 in Hancock, Granville, Rochester through pick up (delivery available for students)
Schedule	Pick up at school Monday / Wednesday / Friday 11:00 am – 12:00 pm

Resource	Quin-Town Senior Center <i>Meals on Wheels</i>
Location	1097 VT RT 100 Hancock, VT
Contact	Jody Troumbley 767-3763
Serves	Rochester, Hancock, Granville, Stockbridge, Pittsfield
Schedule	Monday / Wednesday / Friday

Resource	Hope <i>Food Shelf</i>
Location	John V. Craven Community Service Center 282 Boardman Street Middlebury VT 05753
Contact	802-388-3608 www.hope-vt.org/how-we-help/local-food-access-program/
Serves	Addison County
Schedule	Monday - Friday 9:00 am – 4:00 pm

Resource	MRV Interfaith Council Fund <i>Unsure what type of assistance is provided</i>
Location	5308 Main Street Waitsfield, VT
Contact	802-496-3065
Serves	unknown
Schedule	Tuesday 9:00 am – 12:00 pm Thursday & Saturday 10:00 am – 12:00 pm

Resource	Capstone Community Action <i>Food Shelf</i>
Location	Capstone Community Action 20 Gable Place Barre, VT
Contact	802-479-1053 / 800-639-1053 www.capstonevt.org/family-community-support-services/food-nutrition-programs
Serves	Lamoille, Washington, Orange & Northern Windsor Counties as well as Hancock, Granville & Pittsfield
Schedule	Call ahead for hours of operation

Resource	3SquaresVT <i>Financial assistance to purchase food at grocery stores</i>
Location	Statewide

Contact	ESD Service Center 1-800-479-6151 to request paper application https://dcf.vermont.gov/benefits/3SquaresVT to apply online. You can also contact the Vermont Foodbank for more information about 3SquaresVT. You can text VFBSNAP to 85511 to see if you may be eligible. You can reach the 3SquaresVT team by email at 3SVT@vtfoodbank.org or phone at 1-802-477-4136 or toll-free at 1-855-855-6181.
Serves	To receive SNAP benefits, you need to meet certain income and other guidelines. Household Size Monthly Gross Income Limit <ul style="list-style-type: none"> • 1 person: \$1,926 • 2 people: \$2,609 • 3 people: \$3,290 • 4 people: \$3,971 • 5 people: \$4,653 • 6 people: \$5,334 For each additional person, add \$683.

Resource	WIC <i>Financial assistance to purchase food at grocery stores</i>
Location	Statewide
Contact	To find out more or to apply go to: https://www.healthvermont.gov/family/wic Call 1-800-649-4357 or email WIC@Vermont.gov with any questions about WIC nutrition services and enrollment.
Serves	If you're pregnant, a caregiver, or a parent with a child under five, WIC might be able to help.

Resource	Commodity Supplemental Food Program (CSFP) <i>USDA nutrition program offers free monthly nutrition information and nutritious foods to income-eligible older adults.</i>
Location	Statewide
Contact	For more information or to apply call 1-800-214-4648 or go to https://www.vtfoodbank.org/share-food/csfp
Serves	Who is eligible for CSFP? <ul style="list-style-type: none"> • 60 years of age or older, living in Vermont • Individual and/or household income will be used to determine eligibility • Each household member may be eligible, and will need to complete an application form CSFP Income Eligibility Guidelines <ul style="list-style-type: none"> • 1 person: \$1,383/month • 2 people: \$1,868/month • 3 people: \$2,353/month Note: Each eligible person receives their own food box at one designated site. People can participate in other federal nutrition programs, like 3SquaresVT, at the same time.

Energy / Housing / Other Assistance:

Many of these programs may have income eligibility guidelines and they may differ depending on program. For more information on state benefits call the service center at 802-479-6151 or go to <https://dcf.vermont.gov/benefits/>

Resource	Capstone Community Action <i>Crisis Fuel Assistance / housing counseling and limited financial assistance for households who are homeless or on the verge of homelessness (ex: have received notice they must be out within 21 days)</i> <i>Capstone also provides budget coaching and occasionally has small pots of flex funds available or are connected to resources that can help with different issues.</i>
Location	Capstone Community Action Randolph VT
Contact	802-728-9506 – leave a message and a staff member will return your call. www.capstonevt.org landerson@capstonevt.org
Serves	Lamoille, Washington, Orange & Northern Windsor Counties as well as Hancock, Granville & Pittsfield
Schedule	Monday – Friday 8:00 am – 4:30 pm (closed 12-1 for lunch), Only providing services by phone currently.

Resource	Green Mountain Power's Energy Assistance <i>25% Discount on monthly charges. May qualify for arrears forgiveness if you're new to the program and owe on a past bill</i>
Location	Statewide – Green Mountain Power Customers
Contact	1-800-775-0516 to request paper application or visit https://dcf.vermont.gov/benefits/eap/gmp
Serves	Be a residential customer of Green Mountain Power Have a total gross monthly household income at or below <u>150% of the federal poverty level</u>

Resource	Emergency / General Assistance <i>Personal needs and incidentals, Housing (e.g., mortgage, rent, room rent, temporary housing), Fuel & utilities, Medical, dental, prescriptions, medical supplies/equipment, Burial costs</i>
Location	Statewide
Contact	ESD Service Center 1-800-479-6151 to request paper application https://dcf.vermont.gov/benefits/3SquaresVT to apply online
Serves	You may be eligible if you have an emergency need and do not have the income or resources to meet that need. The best way to find out if you are eligible is to apply! We will review your situation and let you know if you qualify

Resource	Clara Martin Center <i>Mental Health & Substance Abuse Services</i>
-----------------	---

Location	Orange & Northern Windsor Counties as well as Hancock & Granville – services provided by phone currently
Contact	For general inquiries contact 802-728-4477 For Emergencies call 800-639-6360

Resource	Stagecoach (Tri-Valley Transit) <i>Transportation – program changes are occurring regularly – call for more information</i>
Location	Orange & Northern Windsor Counties as well as Hancock & Granville
Contact	For general inquiries contact (802) 728-3773